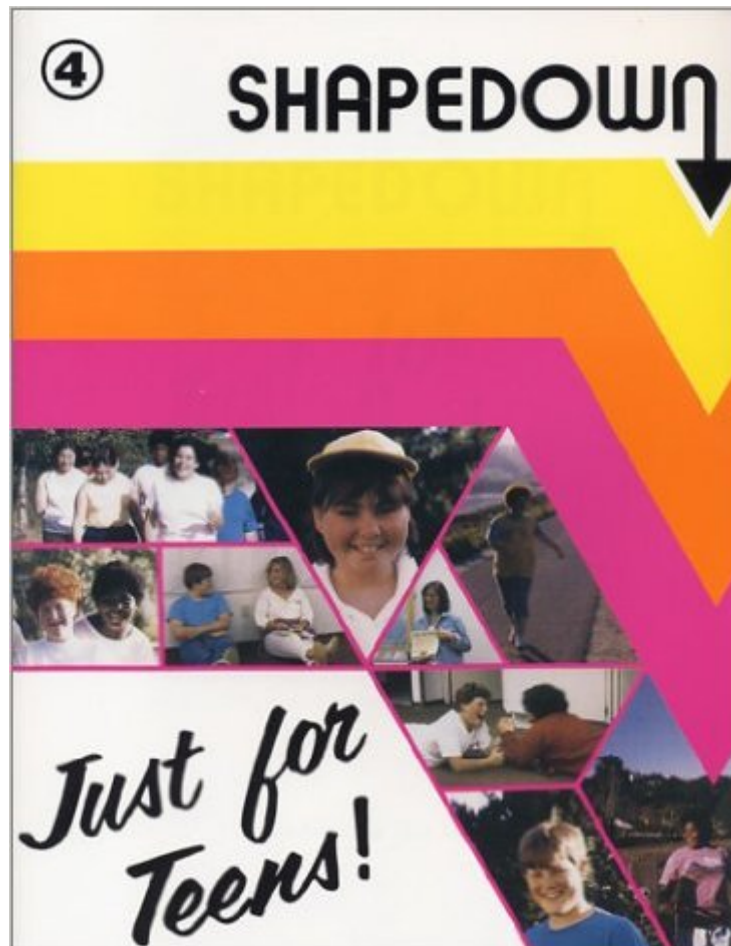


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# Shapedown: Just For Teens!



## Synopsis

Shapedown: Just for Teens!

## Book Information

Paperback: 284 pages

Publisher: Balboa Publishing (2002)

Language: English

ISBN-10: 0935902279

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Product Dimensions: 10.8 x 8.2 x 0.7 inches

Shipping Weight: 1.6 pounds

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